



ENERGY HEALTH THERAPY  
QUANTUM CARE

**Sunday February 24th 2019**

9.00– 1.00pm

Module 1

**Introduction to  
EQUINE COMMUNICATION and CONNECTION  
on the QUANTUM LEVEL**

- Learn about the Energy, Vibration and Frequency of the horse, rider and environment and how to work with this energy to create a more harmonious, aligned relationship with the horse
- Practical demonstration of Equine Energy Healing and Heart to Heart communication.
- How to see energy, feel the horse's energy field and common problem areas of tension
- Heart breathing techniques, scientifically proven to reduce stress and upgrade the immune system and how to communicate Heart to Heart with the horse
- Try the Bio feedback Heart Rate Variability monitor to see your heart/brain coherence in real time
- Equine Energy healing videos showing examples of tension release
- How to positively influence the energy health of the horse through diet, hydration, emotional health and environment

Jo Shaw Equine Energy Health Specialist

And Heartmath Facilitator

**BHSAI FCMA**